

# Schedule of Events



*SANCTIONED EVENT*

## Friday September 11, 2009

Packet Pickup & Registration opens 4:00pm to 8:00pm      Location    TBA

## Saturday September 12, 2009

Packet Pickup & Registration opens 9:00am to 5:00pm      Location    TBA

## Sunday September 13, 2009

- Transition area opens      5:00am
- Body marking Starts      5:00am
- Timing chip pick up Time      TBA
- Transition Closes at      6:30am
- Pre race meeting      6:30am
- Swim wave staging      6:45am

### Olympic Distance Triathlon Starts 7:00am

- First wave      7:00am
- Second wave      7:05am
- Third wave      7:10am
- Fourth wave      7:15am

(Sprint Triathlon will start when the last Olympic Triathlete is out of the water)

### Sprint Distance Triathlon Starts (Approximately) 8:00am

- First wave      8:00am
- Second wave      8:05am
- Third wave      8:10am
- Fourth wave      8:15am

### Awards Start 10:30am

- Top three will be awarded in each age group male and female  
The overall male and female will be awarded